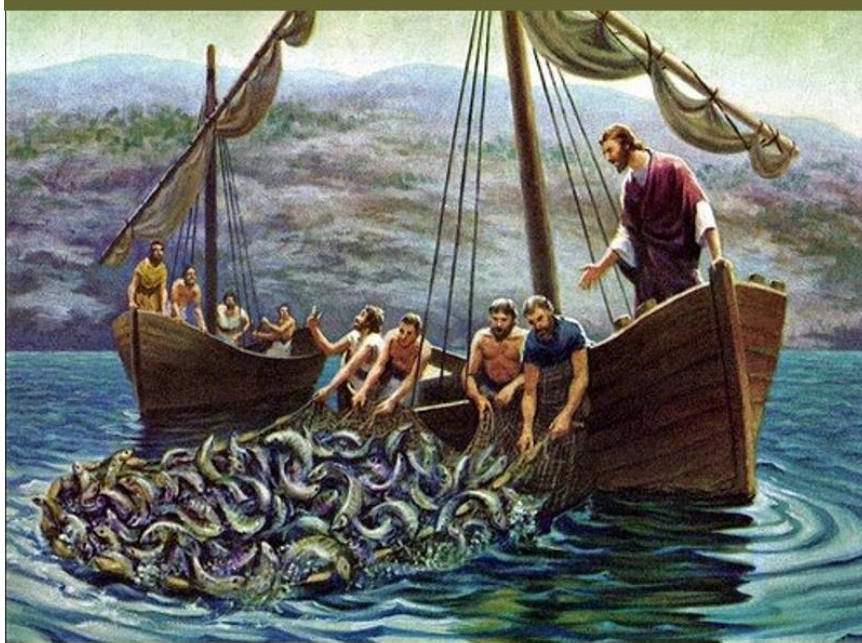


The Catholic Parishes of Crawford County

February 8th & 9th, 2025

5TH SUNDAY IN ORDINARY TIME



JESUS SAID TO SIMON, "DO NOT BE AFRAID; FROM NOW ON YOU WILL BE CATCHING MEN." WHEN THEY BROUGHT THEIR BOATS TO THE SHORE, THEY LEFT EVERYTHING AND FOLLOWED HIM.

Luke 5:1-11

Parish Office Hours:

Tuesday - Friday 8:00 a.m. - 4 p.m.
 Phone: (573) 885-3520 Fax: (573) 885-3501
 Address: 415 W. School Ave., Cuba, MO 65453
 Email: hcccuba@gmail.com
 Web: holycrosscubamo.org

Fr. Anthony (Tony) Onyeihe: (573) 462-6522
 aonyeihe@diojeffcity.org

S. Karen Thein SSND: (507) 514-3226

Deacon Chad Lewis: (573) 885-3520

Holy Cross School Office:

Phone: (573) 885-4727
 Email: holycrossschoolcuba@gmail.com
 Website: www.hcschoolcuba.org
 Principal, Melinda Osentoski:
 holycross.osentoski@gmail.com

School Advisory Members:

Aminta Abdinova	Mike Kempf
Alan Collins	Christy Moreland
	Kathy Royal

Parish Council Members:

Jim Bathe	Mike Kempf
Jerry Dubbelde	RuthAnn Kuethe
Alice Engelbrecht	Esli Navarro
Joe Howdeshell	Diane McCameron
Don Hudson	Ruth Woodson
Vicky Dunakey	Kayla Korte

Finance Council Members:

Larry Howdeshell	Donna Conduitt
Teresa Leicht	

Mass Schedules:

Holy Cross

Saturday 6:00 p.m. **Sunday 8:00 a.m. & 10:00 a.m.**
Tuesday 8:30 a.m. Wednesday 8:30 a.m. Friday 8:00 a.m.
 Mass in Spanish: (every 1st & 3rd Sunday) at 11:30 a.m.

St. Francis Caracciolo

Saturday 4:00 p.m. Thursday 8:00 a.m.

St. Michael

Saturday ~~CANCELLED~~ 8:00 a.m. ~~CANCELLED~~ 8:30 a.m.

Bishop McKnight's Monthly Prayer Intention:

"For mutual respect of the unique roles and responsibilities we are given as members of the Body of Christ. May we recognize and draw strength from the distinctive gifts God has given each of us with a spirit of co-responsibility. We pray to the Lord."



- Feb. 8** – Feast day of St. Josephine Bakhita
- Feb. 11** – Our Lady of Lourdes
- Feb. 14** – Valentine's Day
- Feb. 22** – Feast day of the Chair of St. Peter
- March 1** – Fry Shack Prep for Fish Fry
- March 5** – Ash Wednesday
- March 6** – Fish Fry set up at 3:30 p.m.
- March 7** – First Fish Fry
- March 9** – Rite of Sending – Rite of Election
- March 15** – First Reconciliation

Mission Statement:

We, the Catholic parishes of Holy Cross, St. Francis, and St. Michael, aware of the intergenerational communities and the various cultures living in our communities, welcome all – no matter where they are on the journey of Faith. We strive to strengthen the communities of Faith by working together through prayer, works of Justice and concern for our neighbors.





Ministry Scheduler Pro

Go to this link to see the schedule:

www.rotundasoftware.com/ministry/HolyCrossCuba

Mass Intentions for 2/10– 2/16, 2024

- 11 H.C. Tues. 8:30 p.m. - No intention requested
- 12 H.C. Wed. 8:30 a.m. - Angelina Thompson ☩
- 13 St.F. Thurs. 8:00 a.m. - No intention requested
- 13 H.C. **CM.** 10:00 a.m. - No intention requested
- 14 H.C. Fri. 8:00 a.m. - No intention requested
- 15 St.F. Sat. 4:00 p.m. - No intention requested
- 15 H.C. Sat. 6:00 p.m. - Leroy Rolens ☩
- 16 H.C. Sun. 8:00 a.m. - No intention requested
- 16 H.C. Sun. 10:00 a.m. - Marlene Karns ☩
- 16 H.C. Sun. 11:30 a.m. - People of the parish (Mass in Spanish)

Mass at Cuba Manor (CM):



The Mass at Cuba Manor this month will be celebrated on the 2nd Thursday of the month (February 13th) 10 a.m. All are welcome.

Parish Collections: February 1 & 2, 2025

Parish	Envelopes		Loose		Total
Holy Cross	\$7,580.00	+	\$307.00	=	\$7,887.00
St. Michael	\$3,065.00	+	\$118.00	=	\$3,183.00
St. Francis	\$733.00	+	\$1,188.00	=	\$1,921.00



Prayer Request

Joann Mullen, Eugene Kempf, Charlotte Vavra, Helen Mattox, Suzy Hutchins, Lona Pogue, Janet Lyons, Catherine DeClue, Julie Coster, Donna Lott, Joyce, Joe Kuenz, Cayden Richards, Mariana Weber, Don and Kaye Robertson, Dustin Drennan, Yazmin Viramontes, Carolyn Horsefield, James Happle Sr., Sandy Mowry, Aiden Leos, Jerry Welter, James Ray

Faith Formation:



Classes are Wednesdays 5:30 – 6:30 p.m.

February 12 February 19 **NO Class February 26**

OCIA (Order of Christian Initiation for Adults):

The OCIA sessions in February are:

February 9 February 16 **NO Class February 23**

The pictures and names of the candidates for the Order of Christian Initiation of Adults will soon be up at the parishes. The candidates and their sponsors will 'be sent' by the parish on **Sunday, March 9th** during the 10:00 a.m. Mass for the Rite of Sending. They will then go the experience the Rite of Election that will take place at the Cathedral, where Bishop Shawn McKnight will meet all the candidates. Please pray for them as they continue their journey into being fully initiated in the Catholic Church.



CALLED BY NAME



DIOCESE OF
Jefferson City

This weekend, take a moment to be open to God's call in your life and help encourage others to do the same. Is there someone you know who may be called to the priesthood or religious life? Share their name and contact information either online at **diojeffcity.org/called-by-name** or by filling out a card at church. Candidates (ages 12-49, unmarried) will receive a letter of encouragement from Bishop McKnight and the Vocations Office. Thank you for helping us support future vocations!

"33 Days to Eucharistic Glory"



Over the past few weeks, Father Tony and those who wished to join him embarked on a spiritual journey through "33 Days to Eucharistic Glory".

Together, they read and reflected on the book, deepening their understanding of the Eucharist and strengthening their relationship with Jesus. On February 2nd, about 30 people gathered for a special celebration of the Eucharist, and were consecrated to Jesus in the Holy Eucharist. May the graces received



continue to inspire and strengthen all who participated! If you would like to form a group and study the "33 Days to Eucharistic Glory" Father Tony can celebrate a prayer of consecration when the group has completed the study.

Adoration: Every Wednesday



Adoration is every Wednesday after Mass to 3 p.m.

There are weekly sign-up sheets at Holy Cross. You can sign up online at Ministry Scheduler Pro.

What hour can you be before the Blessed Sacrament?

Ordinary Time:

After the Baptism of the Lord, we began "Ordinary Time". This "Ordinary Time" is 7 weeks and runs from January 13th through March 4th (the day before Ash Wednesday). But what is "Ordinary Time"? Ordinary in this case does not mean plain. Rather, during this "Ordinary Time" we put a number on the Sunday. There are as many as 34 "Ordinary" Sundays in the liturgical calendar and the readings focus on the life, teachings, and miracles of Jesus. The liturgical color of "Ordinary Time" is green. We will be in "Ordinary Time" until Lent begins on Ash Wednesday, March 5th. Easter this year is April 20th.

Ordinary
Time

World Day of the Sick:



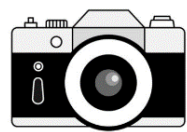
Tuesday, February 11th is the World Day of the Sick. It is observed each year on the feast of Our Lady of Lourdes. Let us pray for the sick, for the chronically ill, and for those afflicted with conditions that are especially hard to bear.

Jubilee Year of Hope 2025

The Church prepares to celebrate the 2025th anniversary of Christ's Incarnation with the theme "Pilgrims of Hope." This holy year invites us to deepen our faith, strengthen our relationships, and share Christian hope. Marked every 25 years, the Jubilee offers grace-filled opportunities through Masses, pilgrimages, and spiritual events. The Diocese of Jefferson City is actively preparing, to learn more about upcoming events and how you can participate, visit the Diocese's Jubilee webpage: diojeffcity.org/jubilee-year



Facebook Post:



Don't forget to look at the church and the schools Facebook pages to see church news, pictures of Faith Formation, and school news!

Church: www.facebook.com/holycrosscuba

School: www.facebook.com/cubamoschools

Singles Upper 50s and Above:

Are you looking for a renewed sense of purpose & belonging? Register today for a life-changing RENEW weekend retreat at the Pallottine Retreat Center (30 min from downtown St. Louis), on March 28-30, 2025. Take a chance and get involved... Visit www.RenewRetreats.org, e-mail renewretreat.stl@gmail.com, or call (314) 703-1002 for details.



Black History Month:

Pray to St. Josephine Bakhita.

Her feast day is February 8th!

St. Josephine model, of Christian joy, pray for us!



"The Lord has loved me so much, we must love everyone, we must be compassionate!"
"I am definitively loved- and whatever happens to me - I am awaited by this Love. And so, my life is good."

Prayers and Sympathy for the Kreamalmyer Family:



Please pray for the Kreamalmyer family. Dan Kreamalmyer, husband of Lisa Kreamalmyer and brother of Judy Plank and brother-in-law to Stephanie Billingsley, passed away on Tuesday, January 28th. His Funeral service was on Monday, February 3 at Hutson Funeral Home in Steelville. May he rest in peace.

Best Choice Labels:

Holy Cross AND St. Michael collects Best Choice UPC Codes! Each Best Choice Label is worth 3¢ and can be collected all year long. Holy Cross also collects old ink cartridges. Holy Cross School is no longer collecting Mace Supermarket Receipts.



Fish Fry Update

The Lenten **Fish Fries** start **March 7th** (the Friday after Ash Wednesday) and run for **six weeks**, with the final fish fry on **April 11th** (the Friday before Good Friday).

Time: 4:30 – 6:30 p.m.

Menu: Fried Fish, Fried Shrimp, Baked Fish, French Fries, Coleslaw, Green Beans, Mac & Cheese, Applesauce, Drinks & Homemade Desserts.

Cost:

- \$15 for adults
- \$13 for carry-outs
- \$5 for children (ages 6-10)
- Free for children 5 and under



Volunteer Sign-Ups:

- This year people will sign up for a **day**, not a specific position! Just check in with **Norma Walls** when you arrive, and she'll direct you where help is needed.
- If you'd like to work in the Fry Shack, please see **Rocky Radcliff** or call the office.

Prep & Setup Dates:

- **Fry Shack Cleaning & Prep:** March 1st – Volunteers needed! Contact Rocky or the office to help.
- **Table Setup:** March 6th at 3:30 p.m.

Desserts Needed! Please bring a dessert each Friday to help make our Fish Fry a success.

HAPPY
Valentine's Day
February 14th



Joyful
community & faith



Camp Lolek
FOR JUNIOR HIGH

Boys: June 8-12
Girls: June 15-19

Adventure
Sisterhood | Brotherhood
Leadership




Camp Maccabee FOR YOUNG MEN
July 2025

Camp Siena FOR YOUNG WOMEN
July 2025

finalized dates for Maccabee and Siena
will be announced at end of month
REGISTRATION OPENS JANUARY 31



DIOCESE OF
Jefferson City

DIOJEFFCITY.ORG/YOUTH-CAMPS

BE HIS VOICE

NOMINATE SOMEONE YOU THINK GOD MIGHT BE CALLING TO PRIESTHOOD OR RELIGIOUS LIFE

NOMINATE AT MASS
From Feb. 8-9, nominate someone using your parish's in-pew cards during Mass

NOMINATE ONLINE
Go to diojeffcity.org/called-by-name and complete the online form

CALLED BY NAME



DIOCESE OF
Jefferson City

BE HIS VOICE

NOMINATE SOMEONE YOU THINK GOD MIGHT BE CALLING TO PRIESTHOOD OR RELIGIOUS LIFE

NOMINATE AT MASS
From Feb. 8-9, nominate someone using your parish's in-pew cards during Mass



NOMINATE ONLINE
Go to diojeffcity.org/called-by-name and complete the online form

CALLED BY NAME



DIOCESE OF
Jefferson City

PRAYER. SILENCE. LECTIO DIVINA.

ENCOUNTERING CHRIST RETREATS



On these silent retreats you can expect:

- Silence and a technology "fast"
- Four conferences given by a monk, intended to lead the retreatant to encounter Christ
- Participation in the Divine Office and Mass with the monastic community
- Specific times for personal prayer and *lectio divina*
- Adoration of the Blessed Sacrament and the Sacrament of Reconciliation

MEN'S RETREATS		WOMEN'S RETREATS	
Jan. 24-26, 2025	July 18-20, 2025	Jan. 17-19, 2025	July 11-13, 2025
Feb. 21-23, 2025 (full)	Aug. 29-31, 2025	Jan. 31-Feb. 2, 2025	Aug. 22-24, 2025
May 16-18, 2025	Oct. 17-19, 2025	March 21-23, 2025	Sep. 12-14, 2025
May 30-June 1, 2025	Nov. 21-23, 2025	May 23-25, 2025	Oct. 31- Nov. 2, 2025
June 27-29, 2025	Dec. 19-21, 2025	June 20-22, 2025	Dec. 12-14, 2025

*Pricing: \$250 per person.
Retreat costs includes all the meals, a private room, linen and towels, and retreat director fee.*

*We are located in northwest Missouri:
37174 State Hwy V V | Conception, MO 64433*

Scan the code to visit our website for more information!







CONCEPTION
Living the Benedictine Tradition
ABBAY GUEST CENTER

MARRIAGE RETREAT

*Living in the Trinity
with Mary*



MARCH 14-15, 2025

CATHEDRAL OF ST. JOSEPH | JEFFERSON CITY, MO

for married couples

Join us for:

- Inspiring talks, prayer experiences and quality reflection time
- Strengthen your relationship and communication skills
- Explore the spirituality of your relationship

Register:

- Cost \$20, food is included
- Scholarships are available

**Register by March 1
receive free childcare
during the retreat!**

Meet our presenters:

Lisa and Paul Masek are members of Incarnate Word Parish in Chesterfield, MO. They have been married for 35 years, have four adult children, and together they enjoy hiking, traveling, snuggling, and laughing.

Liz and Dominic Lozano are members of Incarnate Word Parish in Chesterfield MO. They have been married for 21 years, have two teenage daughters at home and one up in heaven, and enjoy evening walks, playing music together, and just being goofy with each other.



Register now at
[diojeffcity.org/
marriage-retreat](http://diojeffcity.org/marriage-retreat)



DIOCESE OF
Jefferson City



CATHEDRAL OF
ST. JOSEPH



MARIANIST
Retreat & Conference Center

Are you new to the Parish?

If you are new to the parish, please call the office at 573-885-3520 to register or stop by so we can meet you!

Has your information changed?

If you have moved, disconnected your home phone and only use a cell, or have any other household changes, please let us know so we can update our records.

Remember – if you don't tell us – we won't know!

Mass Intentions

FOR THE WEEK



If you would like to have a Mass said, the suggested amount for the stipend is \$10. Call the office to schedule a Mass Intention, or put your stipend in an envelope with the following Information:

- Your name & phone number
- Who the Mass is for
- If they are deceased
- Specific date (if any) please specify if the intention can be on a weekday or not.


Anointing of the Sick:

It is important to seek the sacraments of the Anointing of the Sick and Reconciliation prior to going to the hospital, when you are sick, or nearing death. Contact the office or Father for to schedule a time for the sacrament.



Homebound: If you would like to minister to the homebound by visiting them and bringing them Communion, please contact S. Karen 507-514-3226.

Yoga Class on Tuesdays Offered at Holy Cross:

 For a small fee, Yoga Class offered on Tuesdays at HC from 5:30 - 6:30 p.m. For more information, contact Diane 314-578-1132 or Donna 573-259-6957.

“Heavenly Cleaner” Volunteers – Please Help:

Holy Cross has a group of volunteers called “Heavenly Cleaners” that clean the church each week. They are divided into teams of 2. Each team cleans the church once a month. The team is asked to freshen up the bathrooms, vacuum the floor, dust, take out trash, and sanitize. If you would be interested in helping with this ministry of the church, please call the parish office.



FlockNote 
Keep in touch with us
VIA EMAIL AND TEXT MESSAGE
Text: **crawfordcounty**
To: **84576**
OR online at: **HCross.flocknote.com**

Cemetery/ Columbarium:

Many people feel it can be a great help to their grieving family members if the desires of the deceased were planned by him/herself before the time of death. Whether cremation or burial is chosen, consider Holy Cross as yours or your loved one's final resting place. Many people are not aware that the proper practice for cremation is to place the cremains in the columbarium or bury them in the cemetery. If members of our community have the cremains of a loved one in their home, or another place other than the cemetery, they should make arrangements to give their loved ones a place to rest in the columbarium or cemetery with the proper prayers of interment.



Holy Cross Catholic Cemetery plots/niches are available whether burial or cremation is your choice. Contact Louis Raineri 573-259-8920 or the parish office for more information. Sacred Heart in Leasburg and Mount Calvary in Bourbon.

Baptisms & Weddings:



If you are planning a Baptism, there is a preparation class. Please speak with Sister Karen to schedule. If you are planning a wedding, please contact Father Tony. There is a preparation that needs to be done 6 months prior to the wedding.



Funeral Dinners:



If you are interested in helping with the funeral dinners, please call the office. You will be called upon when a funeral dinner is requested. Help with bringing food, set up, or clean up! Please consider this ministry of the church so we can provide for our grieving families.



Misa en español

**CADA 1º Y 3º DOMINGO DEL MES.
MASS IN SPANISH IS EVERY 1ST & 3RD
SUNDAY OF THE MONTH**

ASSISTIVE LISTENING SYSTEMS AVAILABLE




Remove from charging station.

The On button is on the top

Volume Control is on the front.

After Mass, wipe off unit and return to charging station.



Pope Francis Prayer Intention

FEBRUARY

For vocations to the priesthood and religious life

“Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life.”

CubaKofC Membership Invite:



The Cuba Knights of Columbus covers all of Crawford County. CubaKofC is in search of new members to help our order grow and maintain its position as the strong right hand of the Church and service to the community of Crawford County.

CubaKofC consists of the men and women volunteers. The Knights of Columbus Chapter 8920 and the Ladies Auxiliary 8920. These men and women's service helps many local organizations and individuals in need. CubaKofC helps the parishes of Crawford County and community organizations such as the food pantries, Special Olympics, and prolife organizations, as well provides community wide events such as the Kids Christmas Party.

This is a personal invitation to all men and women of our parish to come and join our CubaKofC service community. In our busy lives many people do not think they have time to add another activity. However, your commitment is to do what you can. Maybe it is helping with just one event, attending our monthly dinner social and business meeting, or helping with our Bingo fundraiser. The choice is yours, but many hands will make light work.

Help us Help Others in our parishes, school and community by inquiring into Cuba Knights of Columbus, please join us. You won't regret it. For Further information on how to join please contact District Deputy Louis Raineri at 573-259-8920 or louisraineri8920@gmail.com or Grand Wayne Kuethe.



FEBRUARY 2025 BINGO NEWS

Thursday Nights @ 6:15 p.m. (doors open at 4)
PROGRESSIVES ~ The Coverall Progressive is at **\$1,250.00** with 3 hot balls and a consolation prize of \$300.00. The **Second Progressive** will play out and pay **\$500.00, \$750.00 or \$1,000.00**.
QUEEN OF HEARTS ~ Will be over \$7,000.
RAFFLE ~ Every week at Bingo - you take the prizes home that night!!!!
CANNED FOOD DRIVE ~ Free 3 on with every can or box of food.
MATCH ONE OF THESE ~ Bring your tally sheet from the previous week. Win a free gas card.
Numbers are: **184090, 184160, 184178 and 184213.**



Altar Society meets every 2nd Thursday of the month at the Holy Cross Parish Hall. This organization coordinates and works on fundraising events that support our parish, school and youth group. They also help supply the liturgical needs of the parishes. All are welcome to attend and join! Please contact Christy Moreland for more information.

HOLY CROSS CATHOLIC SCHOOL

Grades: Preschool (3 years old) – 2nd grade.

HC School is an accredited school with Missouri certified teachers. It offers a Diocesan-developed curriculum in a Christian private school setting. HC School offers Title 1 tutoring for qualifying students. HC school has small class sizes and spacious classrooms.



Check out our Facebook Page

<https://www.facebook.com/cubamoschools>

facebook **Holy Cross School**

Ways to Save for the Parishes:

- Turn in used **ink cartridges**. Given to Staples to recycle, the school receives \$2 for each cartridge, up to \$40 a month!
- Turn in **Best Choice UPC codes** found on the labels. Each UPC code is redeemable for 3¢ cents each.

Please deposit your Best Choice UPC codes and ink cartridges in the collection box in the church entrance or bring to the parish office.



Are you VIRTUS certified?

Do you have your background check completed?

Have you signed the Code of Conduct?

If you are not sure, or answered “no” to any of these questions, let us know!

Call or email Michelle in the office to find out if you are VIRTUS compliant! 573-885-3520 or hcccuba@gmail.com

All volunteers and all school parents (both parents) must to be VIRTUS compliant prior to volunteering or your child starting school.

Please help us, keep our children safe. The training provides us the knowledge on how to recognize signs of abuse and what to do if we suspect abuse happening. If we ALL are certified and have the training, the likelihood of a child being harmed is greatly reduced.

Call the office if you would like to have an in-person VIRTUS class, or go to www.virtusonline.org to register and take the 2-hour class online.

If you or a family member have experienced abused in the past, please contact our victim assistance coordinator through the Diocese, Jacqueline Baldwin at 573-694-3199.

KEEPING OUR PROMISE
TO PROTECT
Child and Youth Protection



Breaking the Silence of Abuse:

As a diocese, we are committed to breaking the silence of abuse. When someone is reporting abuse, we must



acknowledge their pain and how difficult it is to talk about it. False allegations are very rare. Our initial response to someone who is

disclosing abuse for the first time must be compassionate. For those who need to report abuse, encourage them to contact our Victims Assistance Coordinator, Jacqueline Baldwin, (573-694-3199) and to make use of the appropriate State of Missouri hotline (1-800-392-3738) or the [Attorney General's clergy abuse online form](#). All of this information is also on our website, under the 'report abuse' tab. For those who want information, or want you to convey a message to Bishop McKnight, please encourage them to write to us at reportabuse@diojeffcity.org.



Need Support Now? If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat 988lifeline.org.

Online Counseling Services:

Catholic Charities Counseling services is now providing professional in-person and online therapy across the Diocese of Jefferson City. To learn more simply visit ccnmo.diojeffcity.org/counseling



QUILTING GROUP

EVERY TUESDAY

9:00 A.M. - 12:00 P.M.

AT ST. MICHAEL'S

Starting Tuesday, January 7th,

from 9 a.m. to 12 p.m.,

the group will gather at the

Golden Echoes Center

(401 N. Spring St., Steelville).

They will continue meeting there every Tuesday until St. Michael's Church renovations are complete.

All are welcome to join and help make quilts for those in need!

Service Opportunity in Our Community:

Drivers are needed to drive veterans to the VA hospital in Columbia MO. The local DAV (Disabled American Veterans) have the vehicles. Drivers do not have to be veterans. This is unpaid. You do get free meals! Call 885-1390 or 885-3680 to volunteer or for more info. Veterans needing a ride, call 885-1390 to schedule.



Ministerial Alliances and the Food Pantries:

In Cuba, the Cuba Ministerial Alliance (CMA) “runs” the food bank and cooperates with the Life Line Pregnancy Center.



Holy Cross has a St. Martin De Porres envelope to help the poor. The monies collected from this fund help support the Cuba Food pantry.

Crawford Country Mobile Food Market



3rd Thursday of each month

Begins at 10:30 a.m. at the

Cuba Food Pantry

Local Food Pantry Hours:

Cuba: (573-885-6703)

Thursdays 8:00 a.m. – 11:30 p.m. & 3:30 p.m. – 6:00 p.m.

Fridays 8:00 a.m. – 11:30 p.m.

Steelville: (573-775-4827)

Last 2 Tuesdays of the month hours: 2-4 p.m.

Bourbon: (573-732-4888)

Saturday 9-12pm.

Thrift shop: Mon. Tues. & Thur. 9-4p.m. and Sat. 9-12p.m.

**Always looking for
volunteers!
Call today to help!**

Feed the Hungry:

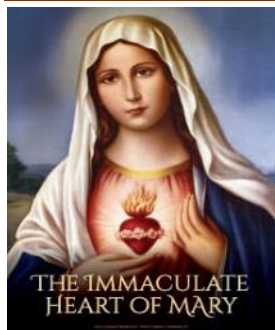
Our Local food banks are in need of food. The cost of food has gone up! To help, there is a “food basket” in the entryways of our churches. Please bring nonperishable food items and place them in the baskets. The food items will be sent to the 3 food pantries in our three towns.



Civilize it!

Our political discourse has become increasingly rancorous and bitter. The U.S. bishops began a campaign leading into the 2020 election to restore civility to our public and political discourse called Civilize It: Dignity Beyond the Debate. The Missouri Catholic Conference highlighted the campaign last year with a special episode of MCC from the Capitol with Archbishop Mitchell Rozanski. This year, the U.S. bishops are again challenging the faithful to answer Pope Francis' call to seek "a better kind of politics, one truly at the service of the common good." Civilize It: A Better Kind of Politics encourages people to commit to seeking the truth, building bridges, and finding solutions together that promote the common good. Individuals can sign the pledge, and sign up to receive additional materials, by visiting the USCCB Civilize It webpage. www.usccb.org/civilizeit

Prayer to the Immaculate heart of Mary:



O Immaculate Heart of Mary, we entrust ourselves to you, Health of the Sick. At the foot of the Cross, you participated in Jesus' pain, with steadfast faith. Patroness of the Diocese of Jefferson City, you know what we need. We are certain of the power of your intercession, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who taught us to "love one another, as I have loved you" took our sufferings upon Himself and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Bring under your mantel of protection all who provide care for the sick and minister to their needs, as your Son implores us to do for one another.

V. We seek refuge under your protection, O Holy Mother of God.

R. Do not despise our pleas and deliver us from every danger, O glorious and blessed Virgin. Amen.

the **WORD** among us Parish

The Word Among Us features uplifting, and thought-provoking meditations based on the daily Mass readings.

Please pick up a copy as each issue becomes available and experience the joy of hearing from God each day!

Catholic Mass Readings and Daily Meditations
the **WORD** among us
WALKING THE NARROW PATH OF DISCIPLESHIP

Trono de la Mas santas y meditaciones diarias
la **PALABRA** entre nosotros
Dichosos los que tienen espíritu de pobres

"Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your request known to God." Philippians 4:6



The God Minute is a short, daily Christian prayer that includes peaceful music, scripture and a reflection to bless your day with the Lord. It's only 10 minutes. Take a few God Minutes each morning and see how your day rises in abundance. A Catholic devotional by the Congregation of the Mission - the Vincentians.

<https://www.thegodminute.org/wix-podcast-player>

Jefferson City Diocesan Women's Ministry:

The Women's Ministry of Jefferson City was established to help the women of our diocese connect with each other so that we can support each other in our spiritual journeys. We find inspiration and comfort in praying with each other, in talking with each other, and in sharing the stories of our faith journeys.



<https://diojeffcity.org/womens-ministry/>

For opportunities to get involved in the ministry, please contact Barb Prasad, Director of Women's Ministry at bpsasad@diojeffcity.org or (573) 635-9127 ext. 222 "Like" the Women's Ministry page on Facebook to keep up with events and news, and to get to know women in your parish and deanery.

www.facebook.com/profile.php?id=100070216385915

Please Listen to the Diocese of Jefferson City Podcast.



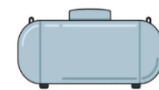
Prayer is how we orientate ourselves as stewards of God's gifts. In this month's podcast, we continue our discussion with Fr. Stephen



Jones about the Four Pillars of Stewardship. These series are designed to help us deepen our understanding of the Spirituality of Stewardship as we approach the Catholic Stewardship Renewal in **October**. Listen to the podcast at <https://diojeffcity.org/podcast/> or use the QR code above.

Propane Offer:

Boland Energy Boland is willing to offer employees and parishioners the **fixed rate of \$1.69**. This fixed rate will expire May 31, 2025. The only stipulations are: the delivery must be a minimum of 250 gallons delivered at a time and customers must own their tank. If you would like to partake in this offer, please call Boland Energy at: 636-239-9400 and tell them the code word "Holy Cross".



FOR YOUR MARRIAGE

Preparing for a Great Marriage:

The Catholic Church teaches that marriage is a covenant, a contract and a bond between a man and a woman that forms a partnership for life. The marriage bond is a unique and exclusive relationship between husband and wife for the sanctification of the couple and for the procreation and Christ-centered nurturing of children in a family.

The family, with its foundation in marriage, is a fundamental unit of the Church. Marriage is also a basic social institution of human society. Marital love is at the service of the couple, the children, the community, and of the world. Because of its timeless importance, the Church teaches that marriage between two baptized Christians is a sacrament, a source of grace and a sign of God's love for the world.

Every sacrament needs preparation for its fruitful celebration. The Church wants to ensure that those entering the life-long commitment of marriage are adequately prepared for the riches and the responsibilities that are intrinsic to it. This is why the Diocese of Jefferson City has a policy for marriage preparation. It is not to make the couple "check the boxes" or "jump through hoops." In her efforts of remote, proximate and immediate preparation, the Church is not trying to make it more difficult to get married, but rather provide the best opportunity for equipping the couple to live a shared life of love, compassion and nurturing grace.

Engaged? Congratulations!

Our Marriage Ministries have programs just for you, scheduled throughout 2024. Learn more and register for a Pre-Cana Conference or Engaged Encounter at diojeffcity.org/marriage-preparation.



Marriage Resources:

Marriage preparation – USCCB –
www.usccb.org/topics/marriage-and-family-life-ministries/marriage-preparation

Marriage & Family Life –
www.archstl.org/marriage-family-life/resources/sexuality

Natural Family Planning - www.diojeffcity.org/natural-family-planning-2/

Pre-Marriage Inventory © is a comprehensive, user-friendly tool for lay individuals, couples or professionals who are helping couples prepare for marriage, and who become trained as FOCCUS Facilitators.
www.foccusinc.com/foccus-inventory.aspx

Prepare/Enrich provides training for premarital counseling, coaching, and education, investments in your couples' futures. www.prepare-enrich.com

Pre-Cana is one component of the marriage preparation options available to couples that are considering marriage within the Catholic Church. The conference itself consists of presentations by couples and individuals on topics that are a practical as well as a spiritual nature.
www.diojeffcity.org/marriage-preparation/pre-cana-registration/

SAVE THE DATE!

MARRIAGE RETREAT

Living in the Trinity with Mary

MARCH 14-15, 2025

CATHEDRAL OF ST. JOSEPH
JEFFERSON CITY, MO

Inspiring talks,
prayer experiences,
and quality reflection time

Registration
opens on
November 1



Hoppy Interiors

FLOORING, KITCHENS & BATHS
HOME SHOPPING BY APPOINTMENT

SULLIVAN, MO.

www.hoppyinteriors.com

573-860-3764



SUPERMARKETS

Cuba – Belle, MO



SULLIVAN BANK

A STEP UP IN SERVICE



(573) 885-0021
sullivanbank.com



PICTURE YOUR BUSINESS HERE

CALL TO SPONSOR
573.885.3520

MCBRIDE HOMES

Missouri's Largest Homebuilder

Peoples Bank

Bourbon
301 E. Pine
732-0926

Cuba
701 N. Franklin
885-2511

Steelville
201 W. Main St.
775-5901

Sullivan
112 S. Service Rd. W.
468-5926

Member FDIC

www.peoplesbank.com

Stubblefield Enterprises

5349 Hwy P, Cuba, MO 65453

573-885-3661

STEELVILLE

Senior Living

311 N. Spring Street • Steelville

573-260-8850

"A Tradition of Thoughtfulness"



Hutson Funeral Home

www.hutsonfuneralhome.com

Steelville
775-2911

Cuba
885-4747

RESIDENTIAL - COMMERCIAL - INDUSTRIAL - FOOD SERVICE



7Cedars Supply

We are your complete commercial
and industrial supply company

573-860-2006 • 7CedarsSupply.com



**Good Food
Good Friends
Good Times**

Dine-In or Carryout 573-775-2628
The Rafting Co River Resort

PICTURE YOUR BUSINESS HERE

CALL TO SPONSOR
573.885.3520



Call for Appointment

Joshua Bolte, D.V.M.
573-885-4838-office
573-259-VEITS (8387)

100 Glassy Road

Cuba, MO 65453



KNIGHTS OF COLUMBUS

IN SERVICE TO ONE. IN SERVICE TO ALL.

JOIN US

MIZELL

FUNERAL HOME

**C. DON MIZELL
CODY T. MOORE**

573-885-3355
www.mizellfh.com

AMERICAN FAMILY INSURANCE

RHONDA MEDOWS AGENCY

LIFE • HOME • AUTO • BUSINESS

We're here for you.



800-392-3700

www.basscanoeresort.com
bass@basscanoeresort.com



GRINNELL
INSURANCE

Ashley Copeland, Agency Owner/Agent
PHONE 573.885.7019
ashley@insurancecenterofcuba.com

www.insurancecenterofcuba.com
503 W. Washington | Cuba, MO 65453

HOLY CROSS Cemetery Sales

573-885-3520



Free Local Delivery
& Med Management
Made Easier with
myMedPack.



Cuba 573-885-7212
Steelville 573-775-2900
Bourbon 573-732-3256

www.sinkspharmacy.com